Security Report

# FitQuest

**1. Broken Access Control**

FitQuest implements role-based access control (RBAC) using Spring Security to ensure strict permissions for data access and modification. The implementation includes:

* JWT tokens to validate user identity and roles.
* API-level access checks to enforce ownership of resources.

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**2. Cryptographic Failures**

FitQuest employs encryption for sensitive data:

* Passwords are hashed using bcrypt before storage.
* Sensitive data like JWTs is signed with a strong secret key and uses secure algorithms like HMAC-SHA256.

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**3. Injection**

To mitigate SQL Injection and other injection risks:

* FitQuest relies on Spring Data JPA, which automatically parameterizes queries.
* User inputs are validated and sanitized. (Code example provided earlier).

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**4. Insecure Design**

Design principles prioritize security:

* Real-time updates and access controls are designed with scalability and safety in mind.
* Regular threat modeling during Agile sprints helps identify and mitigate risks.

**5. Security Misconfiguration**

FitQuest ensures secure defaults:

* Unnecessary endpoints are disabled.
* Spring Security is configured to reject insecure requests by default.

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**6. Vulnerable and Outdated Components**

Dependencies are managed with tools like Maven or Gradle:

* Avoiding unsupported versions and patching critical vulnerabilities promptly.

**7. Identification and Authentication Failures**

FitQuest enforces strong authentication:

* The use of JWT tokens ensures secure and scalable user session management.

**8. Software and Data Integrity Failures**

A robust CI/CD pipeline includes:

* Automated security testing to prevent malicious code deployment.
* Automated code quality checking to prevent uncovered code.